




# VaSAM 2023 Annual Conference

November 3-4, 2023  
Virginia Beach Marriott Oceanfront Resort

*Presented by the Virginia Chapter of the American Society of Addiction Medicine*



TREATMENT IN INCARCERATED POPULATIONS • ADDICTION 101  
NETWORKING • PRECISION MEDICINE • OPIOID ABATEMENT • CME  
OUD IN PREGNANCY • ASAM CRITERIA • STUDENT/TRAINEE POSTERS  
EVIDENCE-BASED • BEST PRACTICES • REGULATORY UPDATES  
TOXICOLOGY • MEMORIAL AWARDS

# SCHEDULE OF EVENTS

## VASAM 2023 – WORKSHOPS

FRIDAY, NOVEMBER 3, 2023

8:45am – 9:00am

### WELCOME REMARKS

*Debra O'Beirne, MD, FASAM, President, VaSAM*

9:00am – 12:15pm

### WORKSHOP: ADDICTION 101

*Mary McMasters, MD, DFASAM, Virginia Society of Addiction Medicine*



This presentation provides detailed perspectives on the following:

1. Definition of the disease of addiction
2. Neurobiology of addiction
3. Behavioral and medical consequences of addiction
4. Treatment options in addiction

**Coffee Break Mid-way through Morning Workshop (15 minutes)**

[View the Addiction 101 flyer here.](#)

12:15pm – 1:45pm

### LUNCH ON OWN

1:45pm – 5:00pm

### WORKSHOP: ADDICTION MEDICINE IN INCARCERATED POPULATIONS

*Jean Bennett, Ph.D., Regional Director, SAMHSA; Mantovani Gay, MD, Medical Director, Chesterfield County Sheriff's Office; Debra O'Beirne, MD, FASAM, Medical Director, Addiction Medicine Services, Fairfax County/Falls Church Community Services Board; and Laura Yager, Director, Correctional Health and Human Services, Fairfax County Sheriff's Office*



Medication assisted treatment is considered the standard of care for people who use drugs. Yet, this evidence-based treatment is not fully available to those who are incarcerated. This workshop will review the most recent treatment recommendations and the barriers to their implementation.

**Coffee Break Mid-way through Afternoon Workshop (15 minutes)**

5:00pm – 6:00pm

### WELCOME RECEPTION



**CALL FOR ABSTRACTS:** Students and Medical Trainees are encouraged to participate in VASAM's Student Poster Competition. NEW THIS YEAR: Up to twenty (20) \$75 travel scholarships will be awarded to student presenters. [Details here.](#)

# VASAM 2023 – ANNUAL CONFERENCE

SATURDAY, NOVEMBER 4, 2023

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7:30am – 8:00am

## VASAM CHAPTER MEETING & CONTINENTAL BREAKFAST

8:00am – 8:05am

## WELCOME & OPENING REMARKS

**Debra O'Beirne, MD, FASAM**

*President, VaSAM*

*Medical Director, Fairfax/Falls Church CSB*

8:05am – 9:05am

## KEYNOTE: THE 4<sup>TH</sup> EDITION OF THE ASAM CRITERIA AND THE FUTURE OF ADDICTION CARE

**R. Corey Waller MD, MS**

*Editor in Chief, The ASAM Criteria*

*Chief Medical Officer, BrightView Health*



The ASAM Criteria is used nationally to describe the addiction treatment system of care. Since the last update in 2013, the treatment ecosystem and the payments for care have drastically changed. In order to help create an evidence-based treatment system that is both effective and efficient, ASAM doubled down on the 4th edition of The ASAM Criteria. The 4th edition was updated via a methodological approach, with over 1000 data extracted references, 120+ expert authors, a public comment period, and thousands of man hours over 2 years of development. The result is a tool that will create a common language between providers, patients, regulators, and payers. It will provide a means to quickly determine the appropriate level of care and act as the treatment planning tool all in one.

9:05am – 10:05am

## PRECISION MEDICINE: PREDICTING RESPONSE TO TREATMENT AND OUTCOMES WITH MACHINE LEARNING AND PHARMACOGENOMICS

**Albert J. Arias, MD, MS**

*Associate Professor of Psychiatry*

*Virginia Commonwealth University / Medical College of Virginia*



Dr. Arias will discuss his investigations into precision guided therapies for the treatment of depression with ketamine and the treatment of alcohol use disorder (AUD) with anticonvulsants. This new approach involves the application of machine learning to build predictive models to help identify patients that are likely to respond to the medication. For AUD treatment, the predictive models may be improved in the future by including genetic data and evidence to support this will be presented.

10:05am – 10:20am

## COFFEE BREAK

10:20am – 11:20am

## VIRGINIA'S OPIOID ABATEMENT AUTHORITY: UPDATES ON APPLICATION, PATHWAY, ETC.

**Sarah T. Thomason, PharmD, BCPP, BCACP**

*Professor, Gatton College of Pharmacy at East Tennessee State University*

*Vice-Chair, Virginia Opioid Abatement Authority*



The Opioid Abatement Authority (OAA) was established by the Virginia General Assembly in 2021 as an independent entity to abate and remediate the opioid epidemic in the Commonwealth through financial support from the Virginia Opioid Abatement Fund in the form of grants, donations, or other assistance, for efforts to treat, prevent, and reduce opioid use disorder and the misuse of opioids in the Commonwealth. The OAA serves to build partnerships between Virginia's cities and counties, state agencies, and providers of services in order to assist individuals suffering from opioid use disorders and co-occurring substance use and mental illness. These partnerships address the full range of services providing education about substance use, prevention, treatment, and recovery supports. This presentation will describe the status of opioid litigation settlements in the Commonwealth of Virginia; explain the types of efforts that can be funded with opioid settlement funds and describe the challenges and opportunities for communities and service providers seeking to stem the opioid epidemic.

11:20am - 12:20pm

### **EFFECTIVELY TREATING OPIOID USE DISORDER IN PREGNANCY**

**Marci Waggoner, WHNP-BC, AGPCNP-BC**

*Associate Medical Director, Master Center for Addiction Medicine*



Opioid use in pregnancy has escalated dramatically in recent years, paralleling the epidemic observed in the general population. To combat the opioid epidemic, all healthcare providers need to take an active role. Pregnancy provides an important opportunity to identify and treat women with substance use disorders. This presentation will discuss opioid agonist pharmacotherapy in the treatment of opioid use disorder in pregnancy, and related outcomes. Additionally, presents will discuss psychosocial considerations, risks, and benefits, in addition to special needs for pregnant women in substance use treatment and recovery.

12:20pm - 1:20pm

### **NETWORKING LUNCHEON**

1:20pm - 1:50pm

### **STUDENT/TRAINEE POSTER PRESENTATIONS**

1:50pm - 2:20pm

### **XYLAZINE**

**Brandon Wills, DO, FASAM, FACEP**

*Medical Director, VCU MOTIVATE Clinic; Fellowship Director, Medical Toxicology*



Xylazine has been in the press lately as a common adulterant in the heroin supply, also known as "tranq dope." This session will review the clinical toxicology of xylazine, summarize other sequelae of xylazine injection, and discuss patient care principles for patients with opioid use disorder.

2:20pm - 2:50pm

### **GAS STATION DOPE(S): KRATOM & TIANEPTENE**

**Anne Ickes, DO**

*Addiction Medicine and Emergency Medicine Physician, Virginia Tech Carilion Clinic*



Kratom and Tianeptene can be found in our gas stations. They have various clinical effects based on dose. Clinical considerations for Kratom and Tianeptene abuse are not well established but awareness amongst clinicians is imperative for psychoeducation and treatment plans.

2:50pm - 3:20pm

### PHENIBUT: A NEW (TO US) UNREGULATED CNS DEPRESSANT

**Beth Yanoff, MD**

Addiction Medicine Physician, Mary Washington Healthcare



Phenibut is a psychoactive analog of GABA that was developed in Russia in the 1960s and has been used since then to treat a variety of conditions including anxiety and insomnia. In the United States it is not regulated as a pharmaceutical, but is widely available for purchase as a supplement. As with other sedative-hypnotics, it has potential for misuse, dependence, and withdrawal. We will review the pharmacology of phenibut and discuss the presentation and management of phenibut toxicity, dependence, and withdrawal.

3:20pm - 3:50pm

### PANEL DISCUSSION WITH TOXICOLOGY PRESENTERS

**Brandon Wills, DO, FASAM, FACEP**

Medical Director, VCU MOTIVATE Clinic; Fellowship Director, Medical Toxicology

**Anne Ickes, DO**

Addiction Medicine and Emergency Medicine Physician, Virginia Tech Carilion Clinic

**Beth Yanoff, MD**

Addiction Medicine Physician, Mary Washington Healthcare

3:50pm - 4:00pm

### MEMORIAL AWARDS & CLOSING REMARKS

**Debra O'Beirne, MD, FASAM**

President, VASAM  
Medical Director, Fairfax/Falls Church CSB

4:00pm

### CONFERENCE CONCLUDES

#### PRE-CONFERENCE SHORT COURSE: Integrating Addiction Medicine with Treatment Courts

Thursday, November 2, 2023 from 9am-4pm

Hosted by: All Rise & American Society of Addiction Medicine (ASAM)

**Please Note: The Pre-Conference is offered free-of-charge but a separate registration is required for the Pre-Conference Short Course.** It will be held at the same venue as VASAM 2023.

[Learn More & Register for the Live, In-Person Pre-Conference Short Course](#)

The VASAM 2023 Workshops & Annual Conference are APPROVED for a total of 12.5 AMA PRA Category 1 Credit (s)<sup>™</sup>. Learners can view the Accreditation Statements for [November 3rd](#) and [November 4th](#) as well as the [Educational Goals & Objectives](#) for each session [here](#).

## VENUE & HOTEL ACCOMODATIONS

Located on the north end of the Virginia Beach boardwalk overlooking the Atlantic, the Marriott Resort Virginia Beach Oceanfront is part of The Cavalier Resort.

All sessions will take place onsite in Salons D&E of the Seaside Ballroom. Hotel rooms are offered to VASAM 2023 attendees for the special group rate of \$209 per night (plus tax), on a first-come, first served basis. [Book your room today!](#)



## REGISTRATION

	EARLY BIRD BY AUGUST 31ST		REGULAR REGISTRATION AFTER SEPTEMBER 1ST	
	Full Conference (Both Days)	One-Day Only (Fri OR Sat)	Full Conference (Both Days)	One-Day Only (Fri OR Sat)
<b>VASAM Member</b>	\$129	\$99	\$159	\$129
<b>Non-Member</b>	\$229	\$199	\$259	\$229
<b>VASAM Student Member</b>	Free of Charge			
<b>Event Sponsor</b>	\$2,700*			
<b>Exhibitor</b>	\$1,500*			
<b>Additional Sponsor/ Exhibitor Registration</b>	\$129		\$159	

*\*While Space is Available*

[REGISTER HERE](#)

[A FULL LIST OF EVENT SPONSORS & EXHIBITORS IS AVAILABLE HERE](#)

**QUESTIONS AND SPONSOR/EXHIBITOR INQUIRIES:**  
 Contact **VASAM Administrators/Annual Conference Planners**  
[Molly.Poisant@vasam.net](mailto:Molly.Poisant@vasam.net) or [Alicia.Standridge@vasam.net](mailto:Alicia.Standridge@vasam.net)