



VaSAM 2024 Annual Conference

November 1-2, 2024
Westin Washington Dulles Hotel, Herndon, Virginia

Presented by the Virginia Chapter of the American Society of Addiction Medicine



• ADDICTION 101 • CME • TREATING OUD IN OUTPATIENT & PRIMARY CARE •
NETWORKING • SAMHSA • STUDENT/TRAINEE POSTERS • ED BRIDGE •
REPURPOSING GLP-1 RAS • BEST PRACTICES • EVIDENCE-BASED •
SUD IN PREGNANCY • TREATING ADOLESCENTS •
INFECTIOUS DISEASE • MEMORIAL AWARDS

SCHEDULE OF EVENTS

VASAM 2024 – WORKSHOPS

FRIDAY, NOVEMBER 1, 2024

8:45am - 12:15pm

PRE-CONFERENCE SYMPOSIUM: ADDICTION 101

*Mary McMasters, MD, DFASAM, Addiction 101 Instructor, VASAM
Jonathan C. Lee, MD, MBA, DFASAM, The Farley Center*

This course provides detailed perspectives on the following:

1. Definition of the disease of addiction
2. Neurobiology of addiction
3. Behavioral and medical consequences of addiction
4. Treatment options in addiction



Coffee Break (15 Minutes Midway Through the Course)

12:15pm - 1:15pm

NETWORKING LUNCH

1:15pm - 5:00pm

PRE-CONFERENCE SYMPOSIUM: TREATING OUD IN THE OUTPATIENT AND PRIMARY CARE SETTINGS

Introduction

Colin Greene, MD, MPH, Special Advisor on Opioid Response, Commonwealth of Virginia



Buprenorphine Bootcamp

Brandon Wills, DO, FASAM, FAACT, VCU School of Medicine



Caring for OUD Patients in a Primary Care Environment

Suzanne Giunta, MD, Medical Director & Assistant Clinical Professor, Hayes E Willis Health Center, VCU Dept of Family Medicine and Population Health



Special Population Session

*Jonathan C. Lee, MD, MBA, DFASAM, The Farley Center;
Anne Ickes, DO, Addiction Medicine and Emergency Medicine Physician, Virginia Tech Carillon Clinic;
Kimberly Simcox, DO, Obstetrician and Gynecologist, Carilion Clinic Obstetrics & Gynecology, Roanoke, VA*



Case Files from Addiction Fellowship Programs Across Virginia and Panel Discussion

Lee, Wills, Giunta, Ickes & Simcox

Providing care for patients with substance use disorders can be a rewarding part of your practice. Care for these patients can easily be integrated into your existing primary care practice. This discussion will focus on the basic principles for providing care for patients with opioid use disorder (OUD) in a primary care clinic environment. We will review the basics of treating OUD including buprenorphine dosing, laboratory monitoring and referral for higher levels of care when needed.

Two Coffee Breaks (15 Minutes Each during Course)

VASAM 2024 – ANNUAL CONFERENCE

FRIDAY, NOVEMBER 1, 2024, CONTINUED

5:00pm - 6:00pm **WELCOME RECEPTION**
In Exhibit Hall

SATURDAY, NOVEMBER 2, 2024

7:15am - 8:00am **CONTINENTAL BREAKFAST**
Served in Exhibit Hall

7:30am - 8:00am **VASAM ANNUAL BUSINESS MEETING**

8:00am - 8:05am **WELCOME & OPENING REMARKS**
Debra O'Beirne, MD, FASAM, President, VaSAM and Medical Director, Fairfax-Falls Church Community Services Board



8:05am - 9:05am **KEYNOTE: SAMHSA'S UPDATED PERSPECTIVES ON SUBSTANCE USE DISORDER AND MENTAL HEALTH**
Neeraj Gandotra, M.D
Chief Medical Officer
Substance Abuse and Mental Health Services Administration (SAMHSA)



As national recognition of mental health and substance use disorders has increased, it is important that all providers be well versed on current trends of substance misuse and mental health conditions as well as the free resources for obtaining support and competency in delivering care. SAMHSA'S National Survey on Drug Use and Health provides a snapshot of the prevalence of various behavioral health conditions and selected findings will be highlighted. Knowledge of these trends can inform clinical practice and broader policy. Additionally, challenges to holistic integrated care remain, but as part of SAMHSA's strategic plan, expanding integration and treatment access remain a focus of investments. Providers and patients alike benefit from care integration and SAMHSA sponsors a variety of training partners, educational materials, and service delivery grants that will be covered.

9:05am - 10:05am **GLUCAGON-LIKE PEPTIDE-1 (GLP-1) RECEPTOR AGONISTS TO TREAT ADDICTION**
Stephanie Weiss, M.D., Ph.D.
Staff Clinician, Translational Addiction Medicine Branch
Assistant Director for Clinical Research, Medication Development Program
National Institute on Drug Abuse (NIDA), Biomedical Research Center



Anecdotal reports of the efficacy of semaglutide and other Glucagon-Like Peptide-1 (GLP-1) receptor agonists as medical therapies for obesity have garnered widespread public attention, engendering ethical debates and leading to worldwide drug shortages. This session will provide a deep dive into GLP-1 receptor agonists to separate fact from fiction, including the exciting evidence for possible repurposing of GLP-1 receptor agonists to treat addictive disorders.

SATURDAY, NOVEMBER 2, 2024, CONTINUED

10:05 - 10:25am

COFFEE BREAK

Served in Exhibit Hall

10:25am - 11:25am

INNOVATION THROUGH COLLABORATION: ED BRIDGES TO TREATMENT AND MORE!

Cheri Hartman, Ph.D.

Grant Project Director

Carilion Clinic Dept of Psychiatry and Behavioral Health, Roanoke, VA



David Hartman, MD

Associate Professor Virginia Tech Carilion School of Medicine

Psychiatrist Outpatient Division, Department of Psychiatry and Behavioral Medicine, Carilion Clinic Dept of Psychiatry and Behavioral Health, Roanoke, VA

How to use the Emergency Room as an opportunity to facilitate access to treatment has been studied at the Carilion Clinic flagship hospital in Roanoke, VA. Lessons learned from four years of quality improvement data collection will be shared (data gathered from 2019 through 2023). Due to the impact of fentanyl and the persistently high numbers of fatal overdoses, innovations on the original model are being explored. These innovations that are leading to further research will be presented for discussion, summarizing the recent seminal studies.

11:25am - 12:25pm

LABOR OF LOVE: MANAGING SUBSTANCE USE DISORDERS IN PREGNANCY AND BEST PRACTICES FOR THE DYAD

Kimberly Simcox, D.O. FACOG, FASAM

Obstetrician Gynecologist and Addiction Medicine Physician,

Addiction Medicine Fellowship Director

Virginia Tech Carilion School of Medicine



Jennifer C. Well, M.D.

Psychiatrist

Carilion Mental Health Adult Inpatient Psychiatry – Roanoke

A reproductive psychiatrist and obstetrician gynecologist with expertise in addiction medicine highlight best practices for initiating SUD treatment for people who are pregnant. This didactic will include how to provide integrative prenatal care treatment, manage medications for opioid use disorder, review best practice treatment approaches for other substance use disorders including marijuana and alcohol, and how to involve a multidisciplinary care team to support pregnant and parenting people experiencing substance use disorders.

12:25pm - 1:30pm

NETWORKING LUNCHEON

Served in Exhibit Hall

1:00pm - 2:00pm

STUDENT/MEDICAL TRAINEE POSTER SESSION

2:00pm - 2:30pm

FELLOW IN TRAINING PRESENTATION

SATURDAY, NOVEMBER 2, 2024, CONTINUED

2:30pm -3:30pm

DIAGNOSIS, MANAGEMENT AND PREVENTION OF INFECTIONS IN PEOPLE WHO USE DRUGS

Rebecca Dillingham, MD, MPH

Infectious Disease Specialist, Sentara Martha Jefferson Medical Group, Infectious Diseases, VA Hepatitis C Education & Patient Connection



People who inject drugs (PWID), particularly with unsterile equipment, are at high risk of serious infections, including bacterial abscesses, infectious endocarditis, and blood borne viruses. These infections can have dramatic short and long-term health consequences. Appropriate diagnostic testing and targeted treatment is essential. Multi-disciplinary supportive and adapted strategies for the treatment of infections, like infective endocarditis, that disproportionately affect PWID and which require prolonged courses of therapy are evolving and are essential to prevent treatment failure and to ensure safe transition back to the community. Opportunities are missed for screening and linkage to care for injection-drug use associated infections that may be asymptomatic, such as HIV, HCV, HBV, and syphilis. Strategies for disease screening and linkage to care in the acute setting are needed.

3:30pm - 4:30pm

SUBSTANCE USE DISORDERS IN ADOLESCENTS

Stephen M. Taylor, MD, MPH, DFAPA, DFASAM

Chief Medical Officer

Pathway Healthcare Services, LLC

President-Elect, American Society of Addiction Medicine



This presentation will review what is known about the prevention, evaluation and treatment of adolescents with substance use disorder. It will include a discussion of evidence-based prevention interventions, and then review risk factors and warning signs of adolescent SUD. There will also be a review of evidence based psychosocial, behavioral and pharmacotherapeutic treatment approaches to adolescents with SUD, including a review of NIDA's long established (but surprisingly little known) Principles of Drug Addiction Treatment.

4:30pm - 4:45pm

SHERMAN MASTER, MD MEMORIAL SCHOLARSHIP AWARD

(Judge's Choice) *Debra O'Beirne, MD, FASAM*

K. LEGREE HALLMAN, MD MEMORIAL SCHOLARSHIP AWARD

(People's Choice) *Jonathan C. Lee, MD, DFASAM*

CLOSING REMARKS

Debra O'Beirne, MD, FASAM, President, VaSAM and Medical Director, Fairfax-Falls Church Community Services Board

4:45pm

CONFERENCE CONCLUDES

The VASAM 2024 Pre-Conference Symposia & Annual Conference will offer a total of 14 AMA PRA Category 1 Credit (s)TM (pending approval). Learners can view the Accreditation Statements as well as the Educational Goals & Objectives for each session [here](#).



CALL FOR ABSTRACTS (STUDENT/MEDICAL TRAINEES):

Students and Medical Trainees are encouraged to participate in VASAM's Student Poster Competition. Up to twelve (12) \$100 travel scholarships will be awarded to student presenters.

VENUE & HOTEL ACCOMODATIONS

The Westin Washington Dulles Hotel is conveniently located at 2520 Wasser Terrace in Herndon, Virginia. The hotel recently underwent a major renovation to their first-floor event space and all VASAM 2024 sessions will take place there. The Westin has an onsite restaurant, a 24-hour fitness center, and is in close proximity to dozens of shops and restaurants at the Reston Town Center.

Hotel rooms are available to VASAM 2024 attendees for a special group rate of \$109, plus applicable taxes, per night, on a first-come-first-served basis. [Book your room today!](#)



REGISTRATION

	EARLY BIRD Until 9/15/24		REGULAR REGISTRATION 9/16/24 - 10/25/24		LATE REGISTRATION 10/25/24 - 11/2/24	
	Full Reg	One-Day	Full Reg	One-Day	Full Reg	One-Day
VASAM/ASAM Member (MD, DO, PharmD)	\$349	\$319	\$399	\$369	\$499	\$469
VASAM/ASAM Member (Non-Physician)	\$249	\$219	\$299	\$269	\$399	\$369
Non Member (MD, DO, PharmD)	\$449	\$419	\$499	\$469	\$599	\$569
Non Member (Non-Physician)	\$349	\$319	\$399	\$369	\$499	\$469
Student w/Poster	\$0	\$0	\$0	\$0	NA	NA
FLAGSHIP SPONSOR			\$4,750			
EVENT SPONSOR			\$2,700			
EXHIBITOR			\$1,500			
ADD'L SPONSOR REG (Flagship/Event Sponsor Only)	\$349	\$319	\$399	\$369	\$499	\$469

Registration fee includes: All Sessions & CME for day(s) attendee is registered and post-event access to presentations; Friday: Coffee Breaks, Networking Luncheon and Welcome Reception. Saturday: Continental Breakfast, Coffee Breaks, Networking Luncheon.

[REGISTER HERE](#)

[CURRENT LIST OF VASAM 2024 SPONSORS & EXHIBITORS](#)

QUESTIONS AND SPONSOR/EXHIBITOR INQUIRIES:
Contact VASAM Administrators/Annual Conference Planners
Molly.Poisant@vasam.net or Alicia.Standridge@vasam.net